

H1N1 Vaccination ~ Are You Protected?

Colchester East Hants Health Authority is reminding residents to get vaccinated against the H1N1 influenza virus. While there is very little influenza activity in Nova Scotia at this time; national, provincial and local Public Health officials continue to expect a third wave of the Pandemic virus this year.

What you Should Know...

- ◆ Vaccination remains one of the most important things individuals can do to protect themselves and their families from the virus and serious complication.
- ◆ Colchester East Hants Health Authority estimates that more than 50 per cent of residents have now received protection from the H1N1 virus.
 - ⇒ More than 23,000 doses of the vaccine were delivered through Public Health mass clinics between October and December of 2009.
 - ⇒ Physician offices, nursing homes, workplace clinics and other community partners have helped deliver 17,000 additional doses.

(Note: these number don't necessary reflect the number of people who have been vaccinated since some infants/children received half doses).

- ◆ Public Health Services is no longer offering mass vaccination clinics, but scheduled appointments are available. Many family physicians are also offering the H1N1 to their patients.
- ◆ Those who have not yet been vaccinated are encouraged to book an appointment with their family physician or to contact their local Public Health Services office.
Public Health Truro - 893-5820 ~ Public Health Elmsdale - 883-3500

For information on the H1N1 flu virus and vaccine:
visit www.gov.ns.ca/h1n1 and www.fightflu.ca.

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